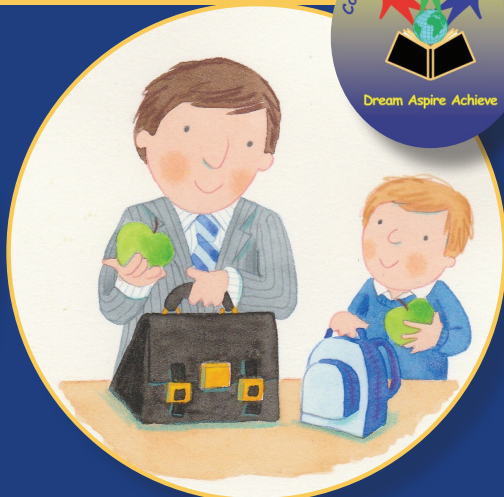
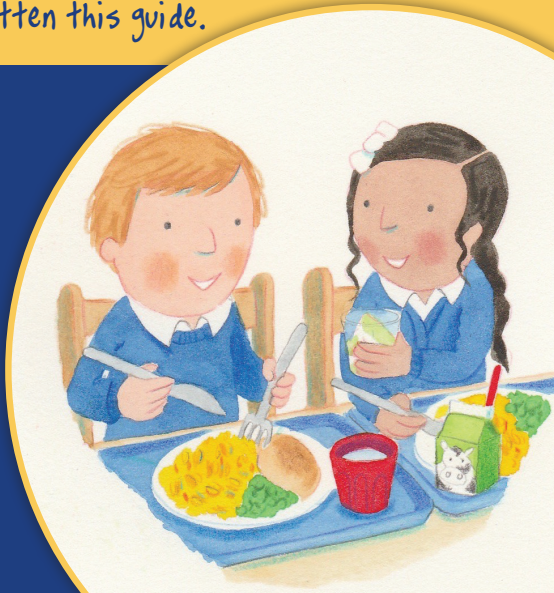


Together we take small steps to make big dreams come true.



Helping your child to get Reception Ready

Parents often ask us what they can do to help their child prepare for starting school. To help, we have written this guide.



You may find it helpful to read this leaflet with your child before they start school. Practise anything that they are not sure about. This will help them settle in more quickly and confidently. If you are worried about anything please let us know and we can help.



Getting used to traditional rhymes and stories

We use traditional stories and rhymes in the classroom. It will help your child if they are familiar with traditional stories and rhymes by the time they start school. It is also helpful if your child knows how to handle and take care of books.

Help your child by reading to them.

Thomas's dad is reading a bedtime story to him. It is a lovely way to end the day.

Food and table manners

Food is an important part of our school day. Make sure your child has a filling breakfast before they come to school. They will also have a tasty meal at lunchtime, so it is important that they know how to use cutlery and understand good table manners.

Thomas and Zahra are enjoying eating lunch together.



Recognising their name

We will teach your child how to recognise numbers and letters, but it will help your child when they start school if they can recognise their own name written down. It will help them to find their coat peg, class drawers and belongings. Practise at home by getting them to label their belongings.

Zahra is having fun spotting her name and writing it out carefully.

Going to the toilet on their own

In Reception, your child will be using the toilet independently. So they will need to be able to flush the loo, wipe when they have finished, and wash and dry their hands. Encourage them to practise all this at home.

Zahra likes the toilets at school as they are just the right size for her.





Getting dressed and undressed

Your child will need to take their outer clothes and shoes off, and put them back on, during the school day for activities such as PE. Practise this at home. Also think about clothing and shoes that are easy for them to take off and put on e.g. simple zips and shoes with Velcro.

Thomas and Zahra are going to play outside. Thomas finds it easy to slip his shoes on. Zahra likes using the big buttons on her cardigan.

Play 'going to school' games

Some children are nervous about starting school. Talk to them about how much fun school will be, and the fantastic friends they will make. It also helps to play games where you both pretend you are getting ready for school. Your child can also practise putting on school uniform at the same time.

Thomas is pretending that he is going to school and has got his uniform on, and his bag and snack. Dad is pretending he is going too! Thomas tells Dad that there is nothing to worry about and going to school is brilliant!



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