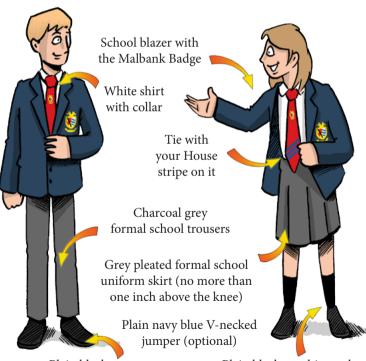


## What do I wear for my first day?

You will need to wear the correct uniform from your first day.



Plain black smart shoes with plain black or grey socks

Plain black or white socks or plain black tights

## What will I need for my first day?

- A suitable bag to carry your books and other equipment.
- Basic stationery, such as a pen, pencil, ruler and eraser.
- A snack and lunch if you are not purchasing those from the canteen. To buy food and drink from the canteen, you must credit your account online via ParentPay, or you can bring in cash to upload to your account using the machines in The Boulevard. You can buy a meal deal for £3.



## What will you expect from me?

At Malbank School and Sixth Form, we 'Rejoice in being the best that we can be' and do our best to always 'make the 60 matter'.

We want you to do your best, academically and socially. Malbank is a school where you will feel safe, encouraged and challenged. We run various initiatives to help you reach your full potential and encourage everyone to be the best they can be for the full 60 minutes of every lesson.

#### Houses

Our Houses are Brereton Bears, Dorfold Dolphins, Kent Kestrels and Wilbraham Wolves.

You will have the chance to work with students from other year groups in your House, including the Sixth Form.

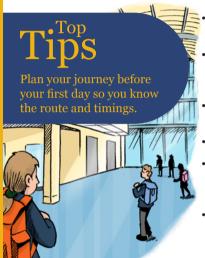
### **House Stars**

House Stars rewards students for positive behaviour, such as showing kindness to another person or reading the most words in a week. Your teachers will nominate deserving students and they will be mentioned in our weekly 'House Matters' publication and gain a star for their House.

### **House points**

You can win House points by displaying a caring, community-minded attitude.

## What happens on my first day?



- You need to arrive no later than 8.40am.
- · You will meet your Form Tutor and the other students in your tutor group.
- You will spend time with your Form Tutor in your tutor room.
- · You will have your photo taken.
- · You will be given your school planner and write your timetable into your planner.
- · You will learn all about Malbank and have another tour of the site.

## What happens in a school day?

Each school day will look like this:

8.45am-9.00am: Registration 12.20pm-1.00pm: Lunch 9.00am-10.00am: Period 1 10.00am-10.20am: Break 10.20am-11.20am: Period 2

11.20am-12.20pm: Period 3

1.00pm-2.00pm: Period 4 2.00pm-3.00pm: Period 5 3.00pm: Dismissal Time

# Who can I talk to if I am upset or worried?

You can speak to *any* teacher, but the best people are:

- your Form Tutor.
- any member of the Pastoral Team.

Moving from primary to secondary school is a big change, and it is normal to have worries. Don't bottle up your feelings. There is always someone available to chat to.

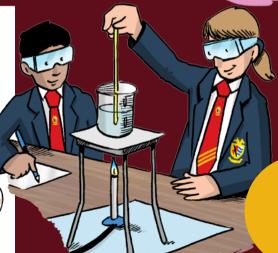
# Tips

Join at least one club. There is bound to be something just right for you! What subjects will I study?

Most of you will study the following subjects:

- Art
- Dance
- Drama
- English
- French
   German
- GeographyHistory
- ICT
- Maths
- Music
- **PE**
- P
- Science
- Spanish

• Technology



You will move between classrooms for each subject, and you will study some subjects more times in a week than others.

You will also have homework to do.

# Tips

Work out your schedule every week to include homework.

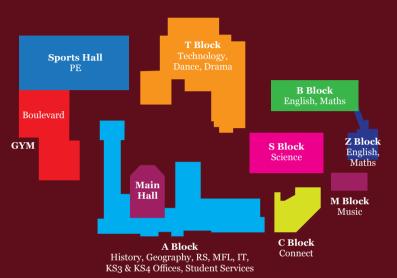
## What else can I do at Malbank?

There are lots of exciting clubs and activities to choose from. You can take part in an activity you love already or try something new!

Clubs take place at lunchtime and after school, and there is something for everyone.



## The map below shows where the main subjects are taught.





### Malbank School

### & Sixth Form College

Welsh Row, Nantwich, Cheshire East, CW5 5HD.

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