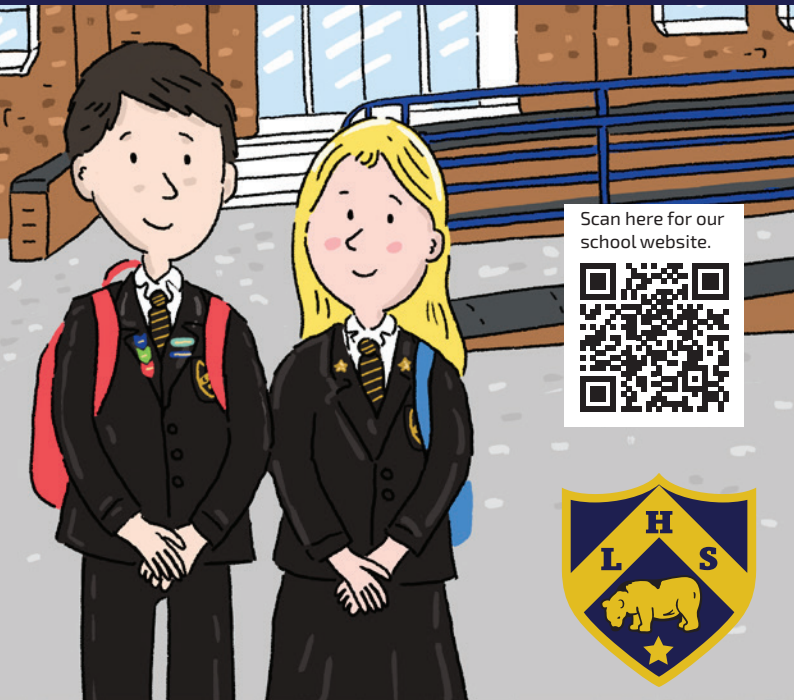


Welcome to Lode Heath School

Your Pocket Guide

Ad Astra: To The Stars

★ SINCERE ★ THOUGHTFUL ★ ASPIRATIONAL ★ RESILIENT ★ SOLIDARITY ★



Scan here for our
school website.



How should I get ready for my first day at Lode Heath School?

Starting Year 7 is a big step, and it is completely normal to feel excited and a bit nervous. You are joining a caring school family and everyone here wants you to do well and enjoy Year 7. Remember, there will always be someone to help if you need it.

Uniform

Wearing the correct school uniform shows that you are proud to be part of our family. Please make sure you follow the school uniform list carefully, which details everything you will need.

School blazer

White shirt

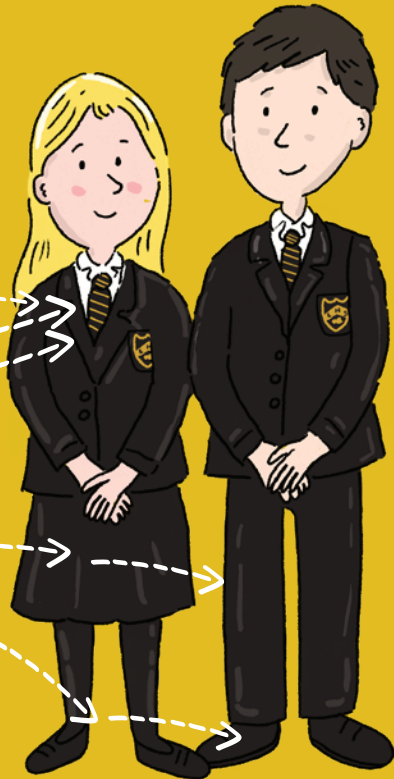
School tie

(Black V-neck jumper is optional)

Headscarves, if worn, should be plain black

Black trousers or Charleston skirt

Black formal wear shoes



Scan here for school uniform information.



Equipment

You will need to bring the following equipment each day so you can start your lessons confidently and ready to learn:

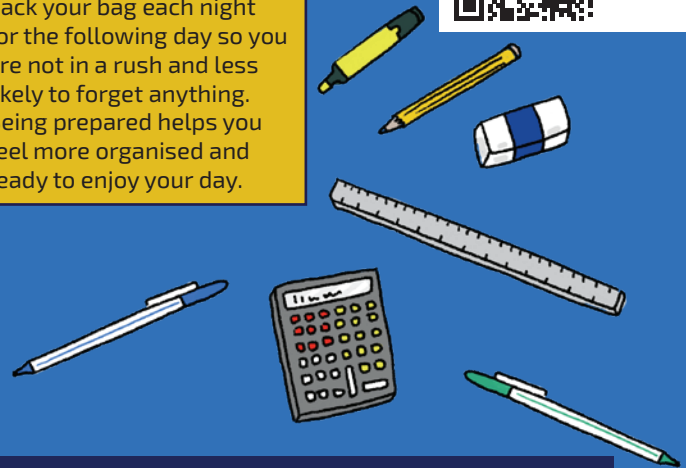
- A school bag big enough for A4 books
- Pens, pencil, ruler, sharpener, eraser and calculator
- School planner (we will give you this when you join us)
- A reading book.

On PE days, remember to bring your PE kit.

Pack your bag each night for the following day so you are not in a rush and less likely to forget anything. Being prepared helps you feel more organised and ready to enjoy your day.



Scan here for school equipment information.



Mobile phones

We are a no mobile phones school, so switch off your phone and keep it in your bag during the school day from the moment you arrive until you leave. This helps everyone focus on learning and enjoy time with friends without distractions.

What values will I follow at Lode Heath School?

At Lode Heath, we believe every student should have the opportunity to thrive and achieve their best.



Our values: PRIDE

We encourage every student to show **PRIDE: Participation, Respect, Independence, Determination and Energy.**

Character development: STARS

We help our students develop characteristics that will help them succeed in their studies and outside school and in the future. We are: **Sincere, Thoughtful, Aspirational and Resilient**, and exhibit exceptional **Solidarity**.



Scan here for our values and ethos.

Rewards and recognition

We believe in celebrating your success. Students who demonstrate our PRIDE values and shine as STARS are recognised in a variety of ways, such as positive postcards sent to your home, certificates and badges and special events and trips. A popular reward is Cinema Club, where students will have a VIP movie experience with friends, snacks and a big-screen showing!

Pastoral care at Lode Heath

We provide the highest level of support for all of our students. If you need to talk, you can speak to your Head of Year and Student Support team, but your first point of contact will usually be your Form Tutor. Your Form Tutor will support you throughout your time at Lode Heath.



What happens on my first day?

We want you to get a great start, so we make everything as easy and stress-free as possible. Your first day will start a little earlier than the rest of the school. You will be met by school staff and spend the day with your Form Tutor and classmates. Your Form Tutor will give you all the information you need for a successful Year 7 during that day and in hour-long lessons during your first week. During the first two weeks, you go to lunch and break early to avoid the queue. We have a brilliant range of food available, from snacks to meals. We cater for allergies and dietary needs, and everything is cashless!



Scan here for school day information.

What happens in a normal school day?

We have a two-week timetable, which looks like this:

Week 1 and 2 – except on Tuesday week 2		Tuesday week 2 only	
Form	08:40 – 09:00 (school begins at 9:00 on Wednesday)	CPD (extended form period for Character and Personal Development lesson.)	08:40 – 09:25
Period 1	09:00 – 10:00	Period 1	09:25 – 10:20
Period 2	10:00 – 11:00	Period 2	10:20 – 11:15
Break	11:00 – 11:30	Break	11:15 – 11:45
Period 3	11:30 – 12:30	Period 3	11:45 – 12:40
Period 4	12:30 – 13:30	Period 4	12:40 – 13:35
Lunch	13:30 – 14:15	Lunch	13:35 – 14:20
Period 5	14:15 – 15:15	Period 5	14:20 – 15:15
End of school day	15:15	End of school day	15:15

What will I study in Year 7 at Lode Heath School?

Our teachers are experts who make learning fun and will always encourage you to aim high and do your best.

You will be familiar with some subjects from primary school and there will be lots more new and exciting subjects.

You will study **Maths, English, Science, Physical Education, History, Geography, RE, Computing, Art and Creative Arts** and a **foreign language**. Each subject has fully equipped classrooms. You will also use our fantastic library, which is great for studying, finding books and getting extra support.

Homework

Homework is an important part of your learning. Learning doesn't stop in the classroom!

Use your planner to log your homework so you always know what you have on hand. Homework tasks and deadlines are also shared on Synergy.

Make sure you plan your time so you can finish your homework on time, do your best work, and still have room for other things you enjoy outside school.



Scan here for subjects and qualifications.

What else will I do at Lode Heath School?

At Lode Heath, there's something for everyone beyond the classroom. Our wide range of clubs, activities, charity fundraising events, and trips gives students fantastic opportunities to explore new interests, make friends and challenge themselves.

Clubs

We run a wide range of clubs (based on student interest and club leader availability) from sports, subject-based clubs such as STEM, to performing arts and shows, art club, language societies, LGBTQ+ and allies, and lots more.

Movie Mondays are really popular and get your week off to a great start, relaxing with friends and enjoying a great film together.

We also run a Homework Club where you can get extra support and a quiet space to do your homework and even complete it before you go home.

Trips and visits

We run subject-specific trips to bring what you are learning in the classroom to life.

You may also take part in cultural visits, sports tours and overseas visits.

Keep an eye on our termly activities bulletin to see what's on offer each year — there's always something exciting happening!



Scan here for clubs, trips and events.



**Your future is full
of possibilities at
Lode Heath and we
will give you the
skills, support and
confidence to go
further than you ever
imagined!**



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You can also follow us on:



STARS
Ad Astra



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