



Building Friendships at Nelson Primary School

At Nelson Primary School we want all of our children to feel safe and to achieve. We encourage positive attitudes and discourage behaviour which can lead to bullying. We also recognise that other incidents may happen in school which make children unhappy, but which are not bullying behaviour.

Please read through this leaflet with your child and talk about what they should do in each situation. If you have any questions or concerns raised by topics discussed in this leaflet, please speak to a member of our Concerns Team: the Head Teacher, an Assistant Head Teacher, Family Support Worker, or, Pastoral Support Worker.



Nelson Primary School
Inspiring Ambition, Achieving Success

'My friend is playing with someone else'



Sometimes close friends may want to take part in activities with other children, which may mean that your child cannot play with their friend. Encourage your child to make a group of friends so they do not rely on only one child for friendship. Please explain to your child that this is a normal part of friendship and does not mean your child is being bullied. If your child feels a bit lonely and is finding it hard to adjust, they can always talk to one of our Pastoral Support Workers or their teacher.

Aadila is feeling unhappy and left out because her friend Kendra is playing a game with another friend.

Elena sees how Aadila is feeling and asks her to come and join her so they can play together.

Aadila is glad to have so many nice friends, so there is always someone to play with.

'I was told to go away'

Sometimes children can be thoughtless in the way that they talk to each other. If another child frequently uses unkind words to your child, encourage them to tell you or an adult at the school. We have Pastoral Support Workers, adults on duty in the playground and our teachers who are all available to respond to any concerns. Also, talk to your child about the impact of words, and explain that unkind words can be as upsetting as being hurt physically. Talk to them about using appropriate words to other children.

Abeo's friends told him to go away when he tried to join them in the playground. He is feeling upset and goes to tell the adult on duty in the playground. She is very nice and arranges for Abeo to join in with some other children and soon he is having fun again.



'I am not being included in a game'

Sometimes your child may find themselves left out of a game. This happens to everyone from time to time and is upsetting, but is not necessarily bullying. However, if your child experiences this frequently, they may be being bullied. Encourage your child to talk to you or an adult in the school if this is happening. Also, encourage positive behaviour by asking your child to look out for other children who may experience being left out.

Abeo notices Anjay standing on his own in the playground. Abeo knows how that feels and he offers Anjay his football so they can play football together.

Anjay loves football and now he is joining in with the game and making friends.



'Someone called me names'

It is unfriendly to make fun of someone because they are different. Mean words can sometimes hurt just as much as being physically hurt. It is also very hurtful to insult someone's mum, dad or other members of their family. Talk to your child about how they would feel if unkind things were said about them or their family. Explain that it is hurtful to be unkind and use name calling because children and their families may live their lives in a different way from how your family live.

If anyone is saying hurtful things to your child, encourage your child to come and talk to an adult in school. We want to help.

Aadila is crying because some children are saying unkind things about her and her family. Elena notices and encourages Aadila to talk to one of our Pastoral Support Workers. He is very kind and reassures Aadila that everything will be fine and he will take care of it.



'Bumps and scrapes'

Hurting other children on purpose is not nice. Sometimes children hurt each other by accident. This is all part of growing up and does not mean they are being unkind to each other.

Talk to your child about how accidents and bumps and scrapes can happen when children are playing. Explain how that is different from bullying when someone is deliberately pushing or hurting another child. Encourage your child to think about this and how it helps us feel better if someone says sorry if they accidentally hurt or bump into us.

Let your child know that if they are ever hurt, they should go to Reception for first aid and tell an adult or their teacher.

Abeo and Anjay are playing football together and they run into each other and fall over.

"Sorry", says Abeo. "Are you ok?"

"I'm sorry too", replies Anjay. "I'm fine. Can I help you up?"



If we all think about being kind to each other and helping anyone we know is upset, our school will be a happy, loving place for all of us.

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