

Building Friendships at Shears Green Junior School



What can I do if I think I am being bullied?



What can I do if I am not being included in a game?

Shears Green Junior School is a happy, friendly place. We all work together to encourage attitudes and behaviour which will help our pupils feel safe and able to reach their potential.

In this leaflet, we talk about what is and is not bullying and give ideas about how to deal with different situations.



What can I do if my friend is playing with other children?

Tolerance Resilience Unity Success Teamwork

Please read through this leaflet with your child and talk about what they would do in these situations. We discuss kind behaviour and friendship in school but talking about this at home as well will help your child.

If you have any questions or concerns about anything discussed in this leaflet, please speak to a member of staff.



What can I do if I am not being included in a game?

Sometimes your child may feel that they are being left out of a game. This happens to most children occasionally. Your child may feel upset about this, but it may not be an incident of bullying.

However, if this is happening to your child regularly, it may be bullying. Encourage your child to speak to a teacher and to also join in other games if this is happening to them.

There isn't enough room for Akash to join in the game he usually plays with his friends. He asks Ben if he can play football.

He has a great time playing and has made a new friend.

What can I do if I think I am being bullied?

Your child should speak to an adult straight away. They can speak to a teacher or midday assistant at school and they will help. They will take appropriate action.

If your child feels sad or lonely, they can also go to the Friendship Stop and other children will come and help.

If they think another pupil is being bullied, they should tell an adult.

Akash feels that he has been bullied. He has spoken to his teacher and she has listened and told him what she is going to do to help. Akash is happy that he spoke up and feels much better.



What can I do if I was told to go away or someone used unkind words?

Children are still developing their social skills at this age and sometimes they can unintentionally be unkind in the way that they deal with each other.

It may not be bullying but if your child is experiencing this on a regular basis, they should talk to an adult at school and they will help.

Talk to your child about the impact of words and actions so that they understand that being unkind can be as hurtful as being hurt physically. Also, encourage your child to support other children when someone is being unkind to them.

Temi has heard someone being unkind to Charlie. She encourages Charlie to tell a teacher, and then asks her to play with her and Ben. Charlie starts to feel better and is glad that her teacher and friends helped.



What can I do if my friend is playing with other children?

It is important for children to develop friendships at school. It is also important to understand that friends may sometimes want to play with other children, which may mean that your child cannot play with their friend.

This is a normal part of friendships at school and does not mean that your child is being bullied.

Talk to your child about developing a range of friends so they do not rely on just one child for friendship.

If your child is finding it hard to find other friends, we always have group games at playtimes which are led by adults so there will always be a fun activity for them to take part in.

They can also visit the Friendship Stop and another child will come and play with them. Or they can visit the

Rainbow Room where they can play some indoor games.

Temi's friend Charlie is playing with a new girl, Katherine. Temi is pleased that Charlie is being kind to someone new, but she feels a bit lonely. She decides to visit the Rainbow Room and play some indoor games with people she hasn't played with before.





What can we do to understand why people bully and stop it happening?

We know that people who act unkindly may not always realise that they are bullying others. They may be feeling upset and are taking it out on others. We know that they can change their behaviour if they get help, but we make it clear that this behaviour is not acceptable.

Talk to your child about this at home so they recognise when it is happening to them and their friends, and make sure they know what to do. Assure them that Shears Green Junior School will help and stop it happening.

Claire has used some unkind words to another pupil. The teacher is talking to her about it. Claire now understands how her words have affected the other pupil. She feels unhappy about what she has done and promises not to do it again.

What does Shears Green Junior School do to help?

We treat each other with kindness and bullying is not tolerated. We have a simple code that we all follow at Shears Green Junior School. We believe in:

● Tolerance ● Resilience ● Unity ● Success ● Teamwork

We talk about relationships and resolving conflicts in our lessons and help give children the skills to deal with problems that they may have.

Each new child is given a 'buddy' who will look after them while they settle in and make friends with them.

Nelson, our school dog, is a friend to everyone and is always there to listen or be stroked.

Remember that we are always there to listen and help.

Ben and Akash love making friends at Shears Green Junior School, and so does Nelson.



Shears Green Junior School

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