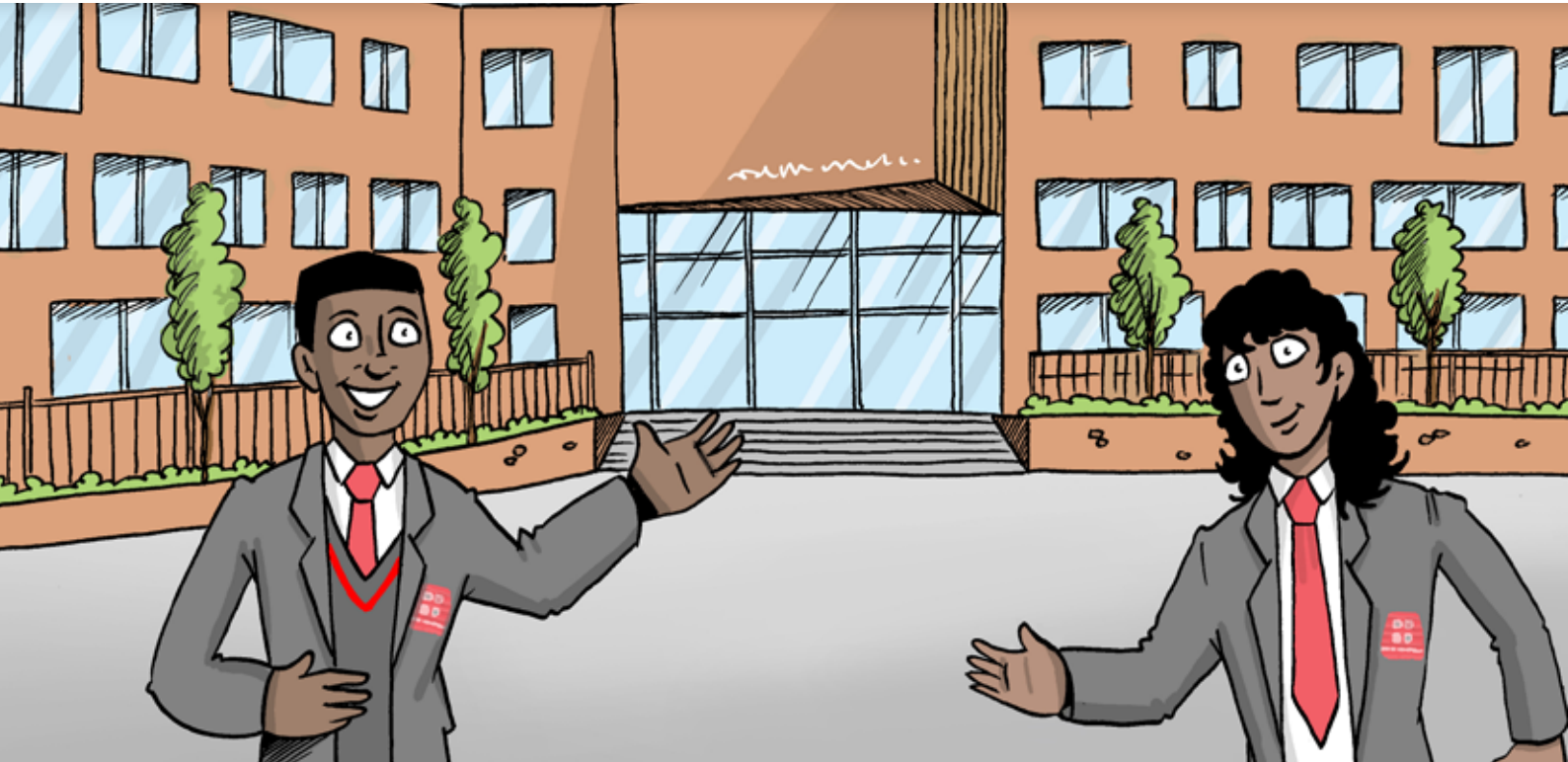


Welcome to
Cardinal Pole Catholic School



We are looking forward to meeting you soon.
Here is a message from your Headteacher, Mr Hall.

A warm welcome to all of our incoming Year 7 students.
I am delighted that you are joining Cardinal Pole Catholic School.

As your journey with us begins, so does the mission that we follow.
We will serve you well in your transition to secondary school and look forward to the exciting opportunities we will experience with one another. In return, we ask that you come to school each day ready to learn and to give your very best.

I am exceptionally proud of our school and I am confident that you will become a proud member of Cardinal Pole too.

I look forward to meeting each one of you and getting to know your families.

See you in September!



NOS

How should I get ready for my first day?

Starting a new school is a big change.
Here are a few things you need to know for the best possible start.

School uniform

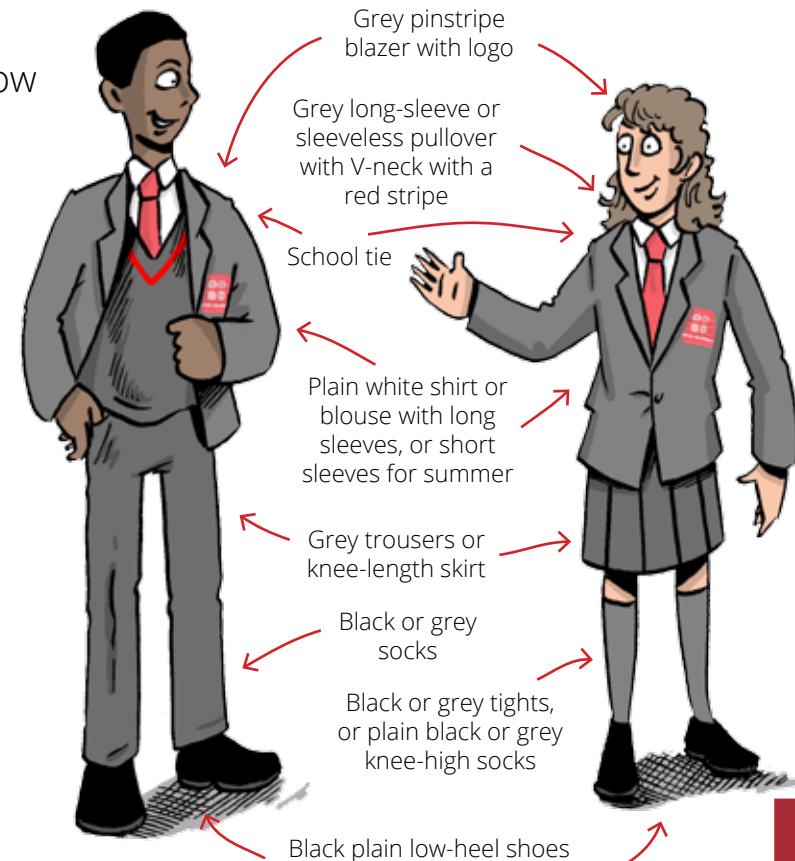
You should wear your Cardinal Pole Catholic School uniform with pride and always come to school dressed in the correct uniform.

Equipment

You will need to bring a pencil case filled with the following equipment:

- Pens (black/blue and green)
- Pencil
- Ruler
- Sharpener
- Eraser
- Scientific calculator
- Protractor

Mobile phones are not allowed to be used on school grounds. If seen, they will be confiscated and your Parent/Carer will need to make an appointment to collect them.



What happens in a school day?

You will build on what you have learnt in primary school and study new subjects. Every day will be different, and you will do lots of exciting things in your lessons.

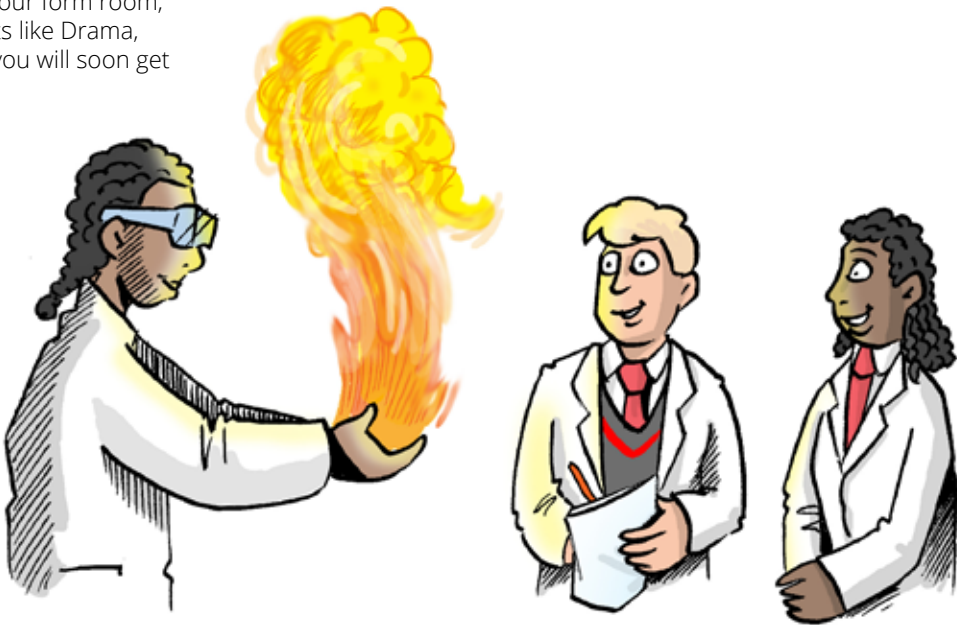
In Year 7, you will have most of your lessons in your form room, but you will move to a different room for subjects like Drama, Science and Design & Technology. Don't worry, you will soon get used to finding your way around.

Timetable

8:30	School Entrance Closes
8:35 – 9:00	Prep/Assembly
9:00 – 9:50	Period 1
9:50 – 10:40	Period 2
10:40 – 11:05	Break
11:05 – 11:55	Period 3
11:55 – 12:45	Period 4
12:45 – 13:15	Lunch
13:15 – 14:10	Period 5
14:10 – 15:00	Period 6

Prep

Prep is when you spend time with your Tutor to pray, read, and complete home learning. Occasionally you will enjoy some special events during Prep.



Lunchtime

Food

You can fuel up for the day at our Breakfast Club, where you can choose from cereals, toast and yoghurts, and have hot chocolate to drink.

We have a delicious menu with a choice of nutritious meat and vegetarian options. The menu is designed by our School Council who meet regularly for feedback and consultation.

Lunchtime clubs

Lunchtime clubs are available for students to attend.

Year 7 playground

Year 7 students will enjoy their own playground where they can play football, basketball and table tennis, and socialise with friends.

Students enjoying fashion club



Paying for food

We have a cashless catering system, so you will not need to bring money into school. You will have an account to pay for your school dinners that you can access using a finger imaging system. If you pay for school meals, your parents/carers will top up your account using ParentPay. If you have free school dinners, your account will be automatically credited.

What will I study?

In Year 7, you will have lessons in:

- English
- Religious Education
- Geography
- French/Spanish
- Computer Science
- Drama
- Physical Education
- Maths
- Science
- History
- Art
- Design & Technology
- Music
- PSHE

Home learning

Your home learning in Year 7 will start with a vocabulary and definitions test each week as you begin your new subjects. In term 2 you will then have a home learning timetable which you will follow. You will have your Cardinal Pole planner in which you can record, track and tick off all completed work. You can use the library at break and lunchtime, and we have study spaces available after school to help you complete your work.



What is expected of me?



OUR MISSION

'Cardinal Pole Catholic School is a community of **service** guiding young people on a path to **opportunity**, **aspiration**, and **reward**, founded on Catholic values.'

Cardinal Pole values are:

- Service
- Opportunity
- Aspiration
- Reward

Our behaviour expectations will help you to be successful at Cardinal Pole. We have expectations for how you behave in and outside the classroom.

In the classroom, you should:

- Be ready to learn from your expert teacher.
- Ensure the teacher hears only one calm voice at a time.
- Work hard, giving your best in every lesson.

Outside the classroom, you should:

- Come to school on time.
- Get to lessons on time.
- Conduct yourself in a calm and safe manner.



Rewards

You can earn achievement points for excellent work, excellent effort, showing community spirit, attendance, and punctuality. Certificates and commendations are presented at award assemblies and ceremonies. We also give out praise postcards and telephone your parents/carers to let them know about your achievement. Students who are exceptional in their subject receive special ties.

Rewards for good behaviour and attendance include cinema trips, pizza parties, ice cream vans, theatre trips, bowling, picnics, activities, team-building days, escape rooms, and sports competitions.

What if I need help?

The Pastoral Team, which includes the Head of Year, Pastoral Support Manager and Year 7 Form Tutors, will support your learning and wellbeing.

If you are worried, need help or have questions, your Form Tutor is the first person you can speak to.

If you need extra help with your learning, our Learning Mentors, Inclusion Team and Special Educational Needs Co-ordinator will work closely with the Pastoral Team to provide this.

The Wellbeing Team

Our Wellbeing Team is in school to help you look after your mental health. You will recognise them by the badges they wear that say: "I am an emotionally available adult." You can speak to any of them if you are going through a difficult time and need extra support.



The Wellbeing Team includes our:

- Safeguarding Co-ordinator
- Inclusion Manager and Deputy Designated Safeguarding Lead
- School SENDCo
- A-Space School Counsellors
- CAMHS
- Educational Mental Health Practitioner
- 6th Form Pastoral Support Manager

School Chaplain

Our chaplain works to enrich the spiritual life of everybody in school. If you need advice, guidance or pastoral care, the chaplain is always available to speak to.



Student reflection in the Chapel

What extra-curricular activities can I take part in?

School trips

While you are at Cardinal Pole, you will have the opportunity to go on exciting trips. Our trips will provide you with experiences you will never forget and life-changing opportunities.

When you join us in Year 7, you will make a pilgrimage to Canterbury. This will be a spiritual experience when you learn about people who have great significance in our school. We will tour Canterbury Cathedral, where we will see the tomb of Cardinal Reginald Pole, the last Catholic Archbishop of Canterbury and our namesake.

During Year 7 you will also go on team-building trips and educational trips. These might be to universities, museums, the theatre, sporting sites or local landmarks.



Clubs and activities

We have a wide range of clubs and activities that you can do before and after school and at lunchtime.

There are clubs and activities for everyone, and they are an excellent opportunity to follow a hobby, find a new interest and make new friends. We expect you do take part in at least 25 hours of extra-curricular activities over the academic year.

Our clubs include:

- Athletics
- Table Tennis
- Rock Band
- Modern Foreign Language Film
- Chess
- Basketball
- Coding
- Boxercise
- Fashion Design
- Hockey
- Spoken Word
- Social Science
- Wordsmiths
- Weightlifting
- Maths
- Football
- Cooking
- Cricket
- Karate
- Bible Study
- Choir

We also hold entertaining musical and theatrical school productions.

Fundraising

We raise money for our school charities throughout the year through ribbon sales, sponsored walks, sponsored sleepouts and culture days. In Year 7, you raise money for the Catholic Children's Society.

We hold a food and clothes bank appeal donated to Hackney Food Bank and St Vincent's Charity Shop during Christmas and Lent.



Cardinal Pole Catholic School
students have gone on to pursue
exciting and successful careers.
We look forward to welcoming
you on the start of your journey
to your future.



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