



Welcome to Year 7
at Cardinal Newman Catholic School



CARDINAL NEWMAN
CATHOLIC SCHOOL

What will I need for my first day?

Uniform

Black school blazer

Black school jumper

Plain white school shirt

Clip-on school tie

Plain black tailored trousers/
black pleated knee-length skirt

Tights or below-knee black socks
(no bows)

Black polishable shoes

All outdoor clothing should be
plain black or navy.

You will also need your PE kit
when it is timetabled.

No jewellery or piercings
are permitted.

Equipment

Pencil case containing two black and one red pen. Two pencils, two highlighter pens, coloured pencils, glue stick, rubber, clear ruler, and pencil sharpener. You will also need a reading book. Always remember your Personal Organiser, which we will give you at the beginning of term.

Remember to switch your mobile phone off and put it away when you are on school grounds.

What will happen in my first week?

We want you to feel happy and confident when you join us, so we give you time to settle in and get used to your new school.

First day

On your first day, Year 7 will be the only students on site, so you can find your feet when everything is a bit quieter.

Line up in the playground when the bell goes and your tutor will take you into your form room.

You will spend the first day getting to know your tutor and the other students in your tutor group. You don't need to bring your PE kit on the first day.

Make sure you have planned your journey to and from school.



Transitional period

To help you settle in, for your first few weeks, Year 7 will have lunch before the rest of the school and end the school day slightly earlier.

Your tutor will teach you about The Newman Way so you understand our expectations for learning and behaviour.

You will not have any homework but will work on a project set by your Head of Year which will help you get used to how you should present work.

During the first weeks of the transitional period, there will be lots of emphasis on routines, getting to know your fellow students and making friends.

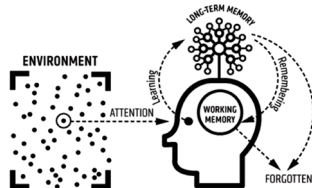
What will be expected of me?

We have high expectations for behaviour in the classroom, so you will follow the STAR principles:

- S**it up
- T**rack the teacher
- A**ctivate your thinking
- R**espect one voice

You will also follow our **ASPIRE** Code of Conduct, which promotes our values of:

- Achievement** – Make an effort in your lessons.
- Service** – Follow our Catholic principles through helping others and taking part in worship.
- Peace** – Live peacefully, set an example, and help others to live the same way.
- Integrity** – Do the right thing and tell the truth.
- Respect** – Respect your environment, yourself, and other people.
- Excellence** – Never give up and always do your best.



Rewards

We will award ASPIRE points when you have done well; there is a range of rewards depending on how many points you collect.

Who can I speak to if I need help?

Speak to your form tutor because you will get to know them really well and may feel most comfortable speaking to them. We also have a Student Support Team that will help if you need extra support in lessons. You can also go there at break times if you need a quiet space.

But you can speak to any member of staff if you need help or are worried about anything at school or elsewhere.

If you are being bullied or suspect someone else is being bullied, tell a member of staff or email SpeakUp@cncs.school, speak to an anti-bullying ambassador in CA01, or use the postbox in student reception. Bullying is not tolerated at Cardinal Newman Catholic School.

What does the school day look like?

Arrive by 8.30am every day.

Tutor Time	8.40am – 9.10am
Period 1	9.10am – 10.10am
Period 2	10.10am – 11.10am
Break	11.10am – 11.30am
Period 3	11.30am – 12.30pm
Period 4	12.30pm – 1.30pm
Lunch	1.30pm – 2.10pm
Period 5	2.10pm – 3.10pm

Catholic life at Cardinal Newman Catholic High School

Our faith is part of everyday life at our school. You can receive support from our Chaplaincy team and take part in prayer services and Masses throughout the year. We have strong links with our parish communities and local charities. We also run retreats and mission trips abroad.



Homework

You will receive regular homework. Remember to log it in your Personal Organiser so you can plan your schedule and turn it in on time. Lots of students find that coming to Homework Support Club after school is very helpful.

What else can I do?

Extra-curricular activities

A really great way to make new friends and get involved in school life is to take part in our free extra-curricular activities.

We offer lots of sports activities such as badminton, basketball, football, hockey, netball, and rugby and compete against other schools.

You can also take part in dance, drama, music activities, and school productions.

We have hobby clubs such as Lego, book, and film clubs.

You can go into deeper depth in subjects you are studying in clubs such as our STEM club.

You can also take part in charity events.



Student leadership

We give our students the opportunity to voice their opinions and suggest school improvements.

From Year 7, you can become part of the junior student leadership team. Roles on offer include form monitors, student council representatives, junior student leaders and subject ambassadors, committee memberships and lots more.

We recommend you put yourself forward for a role, as it will help you develop self-confidence and leadership skills.

Tips for new Year 7s

Before you start Year 7

- Arriving at school on time is very important, so plan your route and allow time for traffic delays and late buses.
- It's a good idea to practise your route to and from school before your first day.

The night before your first day

- Pack your bag the night before.
- Make sure your pencil case has spare equipment.
- Get your uniform ready the night before.

When you start Year 7

- Smile and make the effort to speak to new people. You may feel a bit shy to start off with, but it will really help you make new friends.
- Always be friendly and polite to others.
- Listen to instructions.
- Make sure you write your timetable into your Personal Organiser.
- Check your timetable so you know which lessons you have each day.

If you are feeling nervous, remember that everyone else will be feeling the same – even if they don't show it.





Fire Evacuation Point

SHIN CAMPER NC

06	07	14	15
05	08	13	
04	09	12	11
03	02	10	
01	00		

WALSLEY WMA

06	07	15	16
05	08	14	
04	09	13	12
03	02	11	
01	00		

CATHERINE CA

06	07	15	16
05	08	14	
04	09	13	12
03	02	11	
01	00		

LINGHAM LF

06	07	15	16
05	08	14	
04	09	13	12
03	02	11	
01	00		

Ground Floor
First Floor
Toilets
First Aid
Bookable IT Rooms

01	03	11	13
02	04	12	14
05	06	15	16
07	08	17	
09	10		

DA VINCI DV

04	05	15	16
03	06	14	17
02	07	13	12
01	08	11	10
00	09		

CAROL DAVINIO CD

10	06	05	04
09	07	03	02
08	01		
07	00		
06	05		

ANSELAM AM

16	15	14	13	12
07	06	05	04	03
02	01	00		
01	00			
00				

AVESFORD AV

06	07	08	09	10
05	04	03	02	01
04	03	02	01	00
03	02	01	00	
02	01	00		

SPORTS HALL

SPORTS COMPLEX SC

03	04	05	06	07
02	01	00		
01	00			
00				



02	03	04	05	06
01	00			
00				

WATSON SUITE MS

04	05	15	16
03	06	14	17
02	07	13	12
01	08	11	10
00	09		

BOBO BO

03	02	01	00
02	01	00	
01	00		
00			

LITTLEBORE LM

01	02	03	04
00	01	02	03
00	01	02	03
00	01	02	03
00	01	02	03

DEER DE

08	07	06	05
07	06	05	04
06	05	04	03
05	04	03	02
04	03	02	01

CARON CN



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