

WELCOME
TO CARDINAL
NEWMAN
HIGH SCHOOL



YOUR POCKET GUIDE



WHAT WILL I NEED FOR MY FIRST DAY?

- WEAR THE CORRECT UNIFORM. WE HAVE HIGH STANDARDS OF PRESENTATION.

- REMEMBER YOUR PEN, PENCIL, RULER AND BAG TO HOLD IT ALL. REPLACEMENTS CAN BE BOUGHT AT THE SCHOOL OFFICE.



3 THINGS THAT HAPPEN AT THE START ON DAY 1

- 1 ASSEMBLY WITH YOUR HEAD OF YEAR.
- 2 FORM TUTORS TAKE YOU BACK TO YOUR FORM AND GIVE YOU YOUR TIMETABLE (KEEP IT SAFE!). YOU ARE THEN REGISTERED FOR CASHLESS CATERING AND SHOWN WHERE TO GO FOR LUNCH.
- 3 YOU STAY WITH YOUR FORM FOR 2 HOURS, AND THEN IN PERIOD 3 YOUR LESSONS START!



WHAT WILL YOU EXPECT FROM ME?

THERE ARE A FEW SIMPLE RULES:

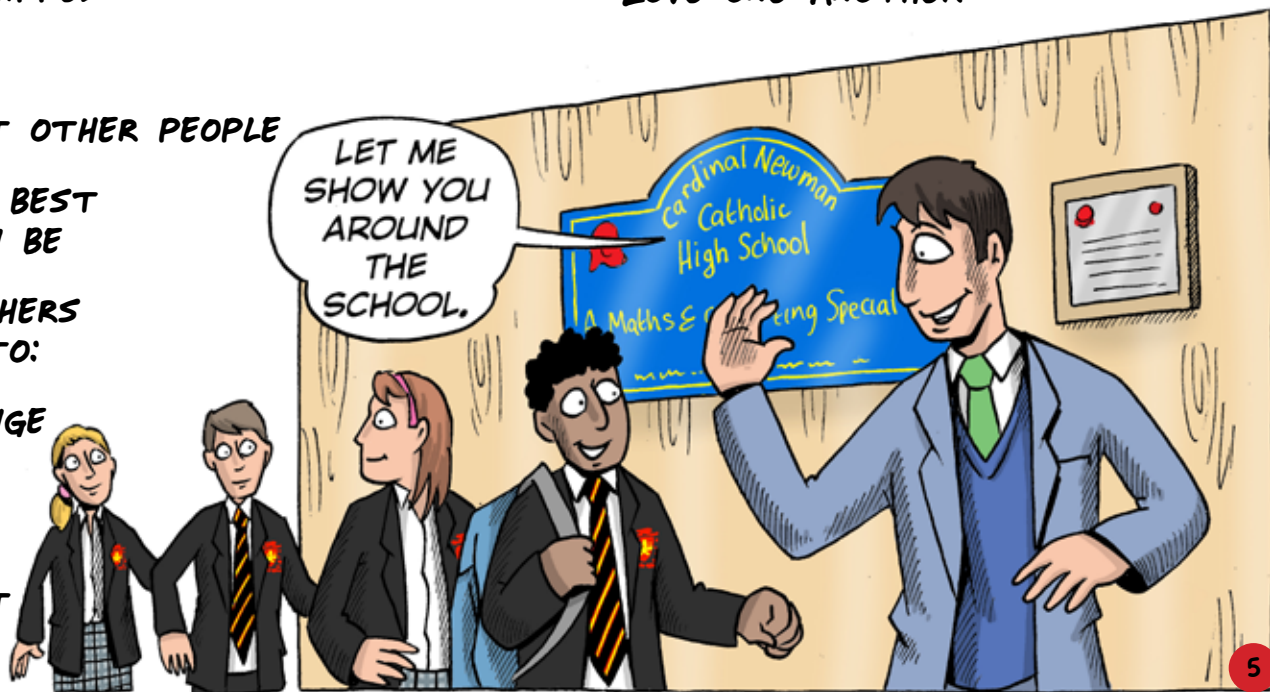
- BE READY - SO ON TIME, AND EQUIPPED
- LISTEN
- RESPECT OTHER PEOPLE
- BE THE BEST YOU CAN BE

YOUR TEACHERS WILL AIM TO:

- CHALLENGE
- INSPIRE
- AND SUPPORT YOU

SOME KEY MESSAGES WHICH WE HOPE YOU WILL PRACTISE IN SCHOOL AND CARRY WITH YOU FOREVER:

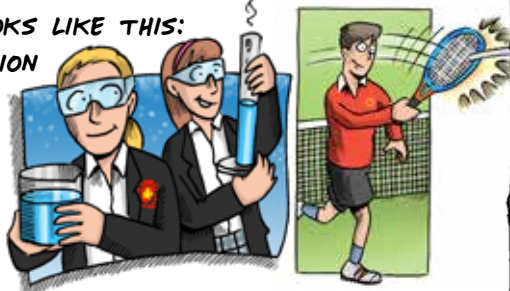
- LOOK OUT FOR ONE ANOTHER
- CARE FOR ONE ANOTHER
- LOVE ONE ANOTHER



WHAT HAPPENS IN A SCHOOL DAY?

EACH DAY LOOKS LIKE THIS:

- REGISTRATION
- 2 LESSONS
- BREAK
- 2 LESSONS
- LUNCH
- 1 LESSON
- HOME



ON MONDAY AND FRIDAY THERE IS AN EXTENDED REGISTRATION PERIOD FOR A PSHE LESSON/TOPICAL ISSUES LESSON.

WHO CAN I TALK TO IF I AM UPSET?

YOU CAN SPEAK TO ANY TEACHER, BUT THE BEST PEOPLE TO SPEAK TO ARE:

- MISS WHITFIELD, WHO IS THE HEAD OF YEAR 7
- MISS CHARLTON
- THE CHAPLAIN, MISS JAMES
- YEAR 11 PREFECTS OR YOUR 'BUDDY'

YOU CAN ALSO USE 'KOOOTH', WHICH IS AN ANONYMOUS ONLINE MENTAL HEALTH SERVICE FOR YOU TO USE IF YOU DON'T WANT TO TALK TO ANYONE AT SCHOOL OR AT HOME.

HOW CAN I SEE WHAT HOMEWORK I HAVE?

YOU WILL HAVE REGULAR HOMEWORK. YOU CAN KEEP TRACK OF WHAT YOU HAVE BY LOOKING AT 'SHOW MY HOMEWORK'. YOU CAN ACCESS THIS VIA AN APP. YOU WILL NEED YOUR LOG IN DETAILS AND PASSWORD (YOUR STICKER WITH THESE DETAILS WILL GO ON THE BACK PAGE).

PLAN YOUR TIME

HOMework IS IMPORTANT, SO PLAN AHEAD. HAND IT IN ON TIME AND COMPLETE IT TO A STANDARD THAT YOU ARE PROUD OF. YOUR PARENTS OR CARERS WILL BE ASKED TO SUPPORT YOU IN THIS AND TO GIVE YOU THE TIME AND A SUPPORTIVE SPACE IN WHICH TO DO IT.

AFTER SCHOOL THERE IS A HOMEWORK CLUB, WHERE YOU CAN GET SUPPORT AND ADVICE.



'MY HOMEWORK' INFORMATION



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