William now has the confidence to sing in concerts and speak at events thanks to help he has received at Kingsmead School

Maxine lives in Enfield with her children, Grace, aged 18, and William, aged 14.

Help with transition

Maxine is delighted William can now stand up and speak in public and perform in concerts because of the support he has had from the staff at Kingsmead School. "William has come a long way since he joined the school in Year 7. The school were very supportive and their Stepping Stones transition programme helped him cope with his anxiety," she says.

Making friends

"William had been prepared for moving up with a Taster Day at Kingsmead when he met his new teacher," Maxine says. "But he struggled when he first started at the school and realised he was in a much bigger environment than his primary school with a lot more people. Fortunately, the school were able to help him and he has now made some friends and is a lot less anxious."

Speaking confidently

William now gives talks on behalf of the school. "I have spoken to an audience in central London and told them about the Stepping Stones programme and the help available for students going up to secondary school. I also speak at events, such as open evenings, and I have addressed the School Governors. I now have the confidence to speak to a room full of people."

Enjoying singing

William now enjoys singing and performing in concerts. "One of my friends knew I was good at singing and encouraged me to perform. I will sing anything relevant to the theme of the concert. If it's an '80s themed concert I will sing '80s songs. My music teacher has been very encouraging. Singing built up my confidence and performing in concerts has paved the way for me to start speaking in public."

Kingsmead School
Practise to Perfect

For the full story
google 'Kingsmead School',
or go to www.kingsmeadschool.org
and **click on**
The Kingsmead Experience/What Makes Kingsmead Special/What Our Students Say or scan the **QR code**

Practise to Perfect