

How do I get to school and what happens when I get there?



morning

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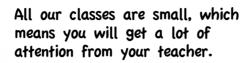
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Some of you will be collected at home and driven into school in a minibus or by taxi. There will be adults on the minibuses who will look after you. The taxi drivers are kind and nice. Some of you will be brought into school by your grown-ups.

When you get to school, there will be adults waiting for you, happy to see you. You will wash your hands and hang up your bag and coat.

Samir is saying hello to a teacher.



Every classroom has a 'visual timetable' of what you will do in the day. It's easy for you to see all the fun learning activities you will take part in.

Your teacher will start the day by saying "good morning" and

ask you to use the 'Zones of Regulation' to help show how you are feeling that day.

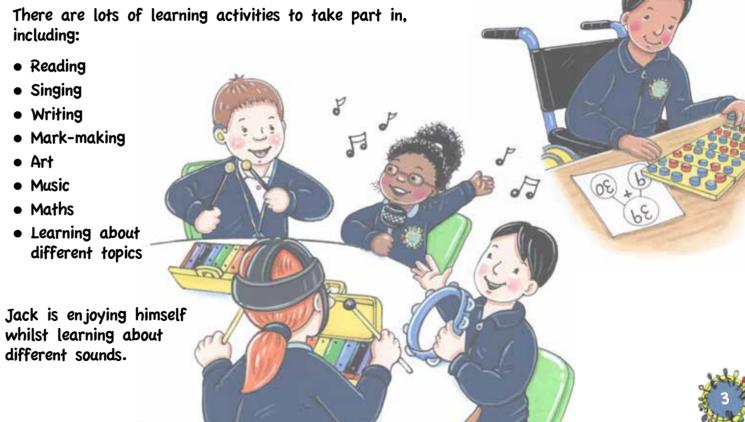








different sounds.





What will I do at school? Sensory and physical



There are lots of physical and sensory activities to take part in, including:

• P.E.

• Hydro sessions

Swimming sessions

Physio sessions

• Trips

We will also support you in developing 'self-help' skills, such as how to eat and get dressed.

Samir is busy learning through

sensory play.



What will I do at school? Communication



When communicating with adults in school, some children will talk, some children will use symbols, some children will sign and some children will have a tool that helps them say what they want.

There are lots of ways you will be helped to develop your communication skills, including:

- Sensory Stories, where the story includes using your senses, such as touch, smell and taste.
- 'What's In The Box?', where you will learn how to focus your attention with your friends.
- Role play.
- Talk partners.

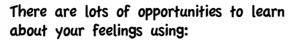


What will I do at school? Feelings



We will help you feel good about yourself, your friends, your family and your school.

You will have lots of time to play with your friends in class and in the playground. You will also work with your teacher in class to understand your feelings. We will support you in becoming more independent.



- The Zones of Regulation
- Sunshine circles
- Nurture
- Therapies, such as Lego therapy

A therapy dog also visits our school once a week.

Jasmine is telling a grown-up how she feels.





We have fantastic resources, including:

- Sensory room
- Swimming pool
- Forest School
- Trampoline
- Dark room

- Immersive room
- Climbing wall
- Multi-use games area (MUGA)
- Swings, bikes, roundabouts and climbing frames



Samir and Jasmine have made a new friend in Forest School.







What happens if I am hungry or thirsty?





In the morning, you can have a healthy snack. At lunchtime, you can have a school lunch or a packed lunch. Some children will have both. We can help you to try new foods.





There are always lots of adults to help you with snack time and lunch. We will have talked with your grown-ups and will know the best way to help you.

If you are thirsty in the day, ask an adult and they will help you.

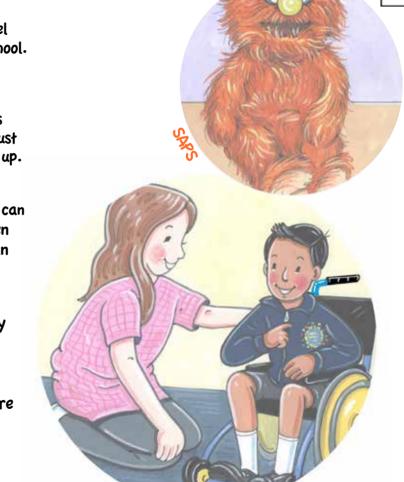
What happens if I need to talk to someone?

If you have a problem or just don't feel happy, you can talk to any adult in school. We are here to help you.

Samir is worried about something and is telling his teacher. His teacher knows just what to do to help him and cheer him up.

We have a lot of special teachers who can help in lots of different ways. We even have a family Liaison Officer who can help your grown-ups.

There is also SAPS, your orange furry friend who you can play with. You might find it easier to talk with an adult in school while playing with SAPS. You will see SAPS when you are learning about something that could keep you safe.





Gg

Talk

What happens when I need to go to the toilet?



What happens at the end of the school day?



If you need to go to the toilet, just ask an adult in school. If you need help, they will help you.

Jasmine feels very grown-up going on her own to the toilet.



After flushing, Jasmine is very careful to wash her hands and dry them. She enjoys using the soap as it smells of flowers.

When it is time to go home, everyone will collect their belongings, and your teacher will help you. You will say goodbye to your friends. Messages to your grown-ups will be put in a 'home/school communication' book. Your grown-ups can also use these books to send messages to the school.





You will usually go home in a minibus or taxi, or your grown-ups will come to collect you.





