

Welcome to Rise Academy

Rediscovering potential
rebuilding futures



Rise Academy is a special place and not like any school you will have been to before!

We have a range of locations across Hull to help students who need extra support fitting into mainstream school and will show them a completely different approach to learning.

How will you help me settle in?

We know that you may have had a challenging time in mainstream school and you may be feeling a bit lost and uncertain about your future.

You may have heard some things about Rise Academy and it is natural to have worries about what it will be like at Rise and how you will fit in.

We know what it may be stressful starting at a new school and that it is even more difficult if you haven't had a happy experience at school so far.

Community

We are proud to be a kind and friendly community of teachers, staff, students and parents/carers and you and your family/carers will be welcomed as members of our community when you join us.

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How will you help me develop as an individual?

We are very proud of our students and all the progress that they make when they are with us. We strongly believe that you will only be able to do your best and live a happy life if you believe in yourself, and develop self-confidence... so we will work on that with you as well. We will help you manage your feelings in a positive way and give you tools and techniques to use in school and in your life outside.

What happens when I come to Rise?

We treat every student as an individual. Your teachers will spend lots of time finding out about you and get to know you really well. They will speak to your mainstream school, parents/carers and anyone else who we think will help up to form a picture about you. But most importantly, we speak to you and let you tell us your story.

This will help us develop a plan for you which will take account of what you need help with in the classroom, what emotional support you need, what you are good at, what you love doing and what your hopes and dreams are for the future.

What do you do differently?

We are able to give you all the attention and help you need by having expert teachers and staff, working in small classes.

We have a brilliant mix of academic subjects and your teaching will be geared to give you the right level of support to help you achieve your potential. We also have an amazing range of vocational options, which really help you get ready for a range of jobs when you leave school.

As well as our expert teachers and staff, we have other professionals, such as speech therapists, CAHMS, Mental Health workers and other experts who you can meet with at Rise.

We also work closely with your parents/carers to let them know how you are progressing. We will also let them know about any problems you are having at school and work with you and them to find a solution.

What else can I do at Rise?

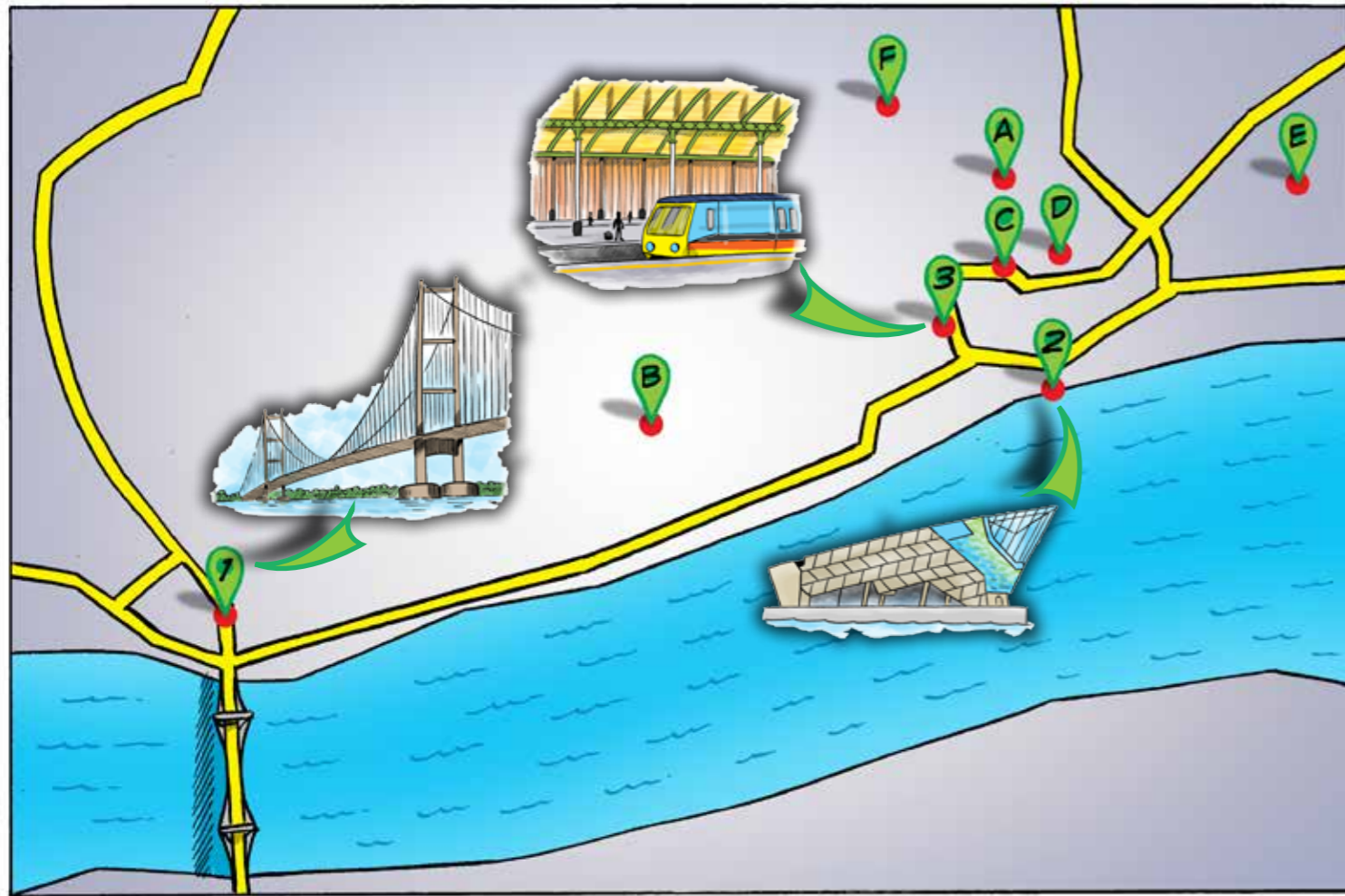
We take part in sport events such as interschool competitions. We arrange yearly visits to places of interest such as the Royal Armouries museum in Leeds and Houses of Parliament trip to London. We also have regular visits from inspirational organisations who talk about real-life experiences and can offer you insights into career paths or advice about life choices.

Rise and Shine

We also have our own podcast 'Rise and Shine' which is produced by our students. You can contribute your views and experiences on Rise Academy, current news, your life or whatever you want to share. The podcast can also influence decisions we make at Rise Academy. We have changed the food menu, approach to rewards and lots more based on student contributions to the podcast episodes.

We have five sites across the city, so we will tell you a bit more about each setting in the following pages.





Our locations in Hull

We are very proud to be part of the Hull community.

Rise locations:

- A** Rise Main Site and Rise Above
- B** Rising Stars
- C** Rise Up
- D** Step Out
- E** Rise Ahead
- F** The Learning Sanctuary

Hull Landmarks:

- 1** Humber Bridge
- 2** The Deep
- 3** Paragon Railway Station



Rising Stars



Rise Stars is based in its own building on the site of Francis Askew Primary School.

All the teachers and adults here are very kind and friendly and they will be very pleased to meet you.

You will come to Rising Stars if you need extra help with your studies or settling into school. Our kind and friendly teachers will also give you lots of help with any extra needs. You can see other experts such as speech therapists or physios while you are at school.



What will I do a Rising Stars?

You will study the usual curriculum but it will be adapted to you and your needs. We will also give you lots of help to develop social skills, which will help you make friends with the other students and communicate with teachers and staff.

You will have time to relax outside the classroom in our brilliant sensory room.

Learning outside the classroom

Our students also take part in activities and particularly shopping trips where they can practise managing a budget, buying what they need and paying for it.

You may also take part in team sporting activities.

Being Happy at Rising Stars

Everyone at Rising Stars will work with you to help you do your best at school and help you will need to be happy and do the best you can.

We are very proud of all our students at Rising Stars and celebrate all of your successes!!!!



Rise Up

Rise Up is for students who have found it difficult to fit into their mainstream school. You may be struggling for lots of different reasons. Coming to Rise Up gives you a chance to get the help and support you need so that you will return to your mainstream school with the tools and confidence needed to meet your potential.



What will I study?

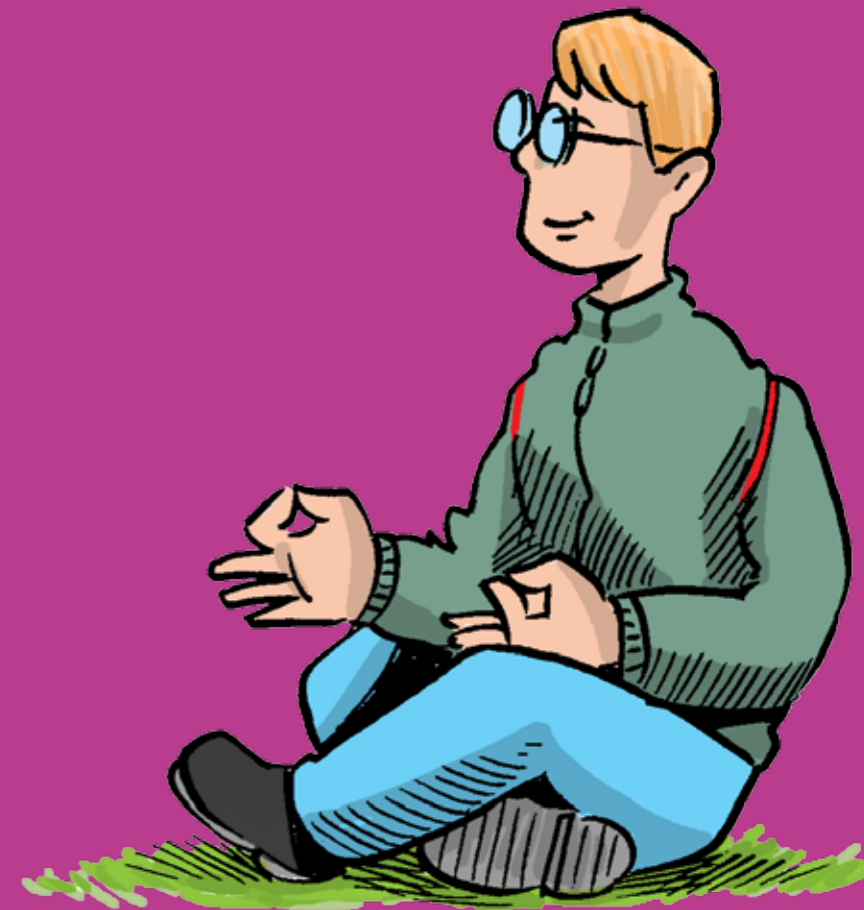
You will study English, Maths, Science, History, Art, RSHE, PSD, Physical Education, Reading response and STEM. We work at your pace to make sure you have understood at each stage and fill in any gaps in your learning. But, having got an understanding of your strengths, we will challenge you to push yourself too.

How will you help me?

We will get to know you really well. We will find out what is holding you back from doing your best and, as well as teachers, we have lots of other experts who will work with you.

We also know that you may not have a lot of self-confidence and worry about your future. We will work with you to help you get a better understanding of yourself, and help you develop strategies to deal with any issues you have and to help you flourish where you have strengths.

All the work that you do in your lessons and on yourself at Rise Up will have a hugely positive impact on the rest of your life!



Step Out

Step Out is a 12-week programme to help Year 7 and 8 students who are struggling at school or are being home schooled and need extra support with social, emotional and mental health needs.

Our programme consists of three steps:

1. Consultation- getting to know you and all about you.
2. Intervention- giving you the help you need.
3. Reintegration-helping you transition back to mainstream education.

Consultation

When you come to Step Out, we will get to know you really well by finding out about you by speaking to the other people in your life, such as family/carers, teachers, etc. We will also look at how you are doing with your studies and get a really good understanding of any other additional needs you may have. We will spend time with you and give you the time to tell us your story.



Intervention

We will help you follow four values that will transform your school life and life outside school:

Responsibility taking ownership and changing the way you behave and your approach to learning and life.

Respect respecting your classmates, teachers, but most importantly, yourself.

Resilience accepting that life is sometimes difficult and you may not always succeed but recognising that you will learn the most through overcoming problems.

Reflection thinking about your reactions and actions and choose the best way of dealing with anything.

We will develop your individual plan to help you deal with difficult emotions and develop strategies to help when you are not coping. When you know your own triggers and have got strategies to cope, this will give you the tools to be successful and happy in education and in the rest of your life.

What will my lessons look like? During your time at Step Out, you will be part of a 'Nurture Group'. Your nurture group will have a small amount of students, so you will get lots of one-to-one time with your teachers. And it will be a calm, caring, and supportive place. You will study the usual curriculum but it will be tailored to go at your pace, work to your strengths and give you extra help where needed. You will also spend lots of time talking about your feelings and learning techniques to help your mental wellbeing, such as relaxation, meditation and mindfulness.

You will also have a range of exciting and educational trips and visits away from school.



Reintegration

At the end of the programme, so you will return to your mainstream school:-

- With more self -understanding and confidence
- With more resilience
- And with a new and improved approach to learning.

Rise Main Site and Rise Ahead

This provision is for 14 to 16-year-old students who are not currently attending a mainstream school.

We will prepare you for the world of work through the delivering of high-quality vocational qualifications, encourage you to have dreams for your future, and give you the skill to achieve them.



At the main site setting you will study core subjects such as English and Maths. We can help you catch up so you feel confident in these key areas. You can also study some Vocational Options which are more classroom based and some which are set up for practical study at Rise Ahead

You can study Hair Dressing and Beauty in our practice salon, Sport and Sport Coaching, Creative Media, Art, Military Service, Motor Vehicle Mechanics, Catering Health & Social Care, Child Development and Retail, Multi Trade, Travel and Tourism.

If you are interested in any of these careers, these courses will actually give you a head start so you don't have to wait till you leave school to start training in your career!!

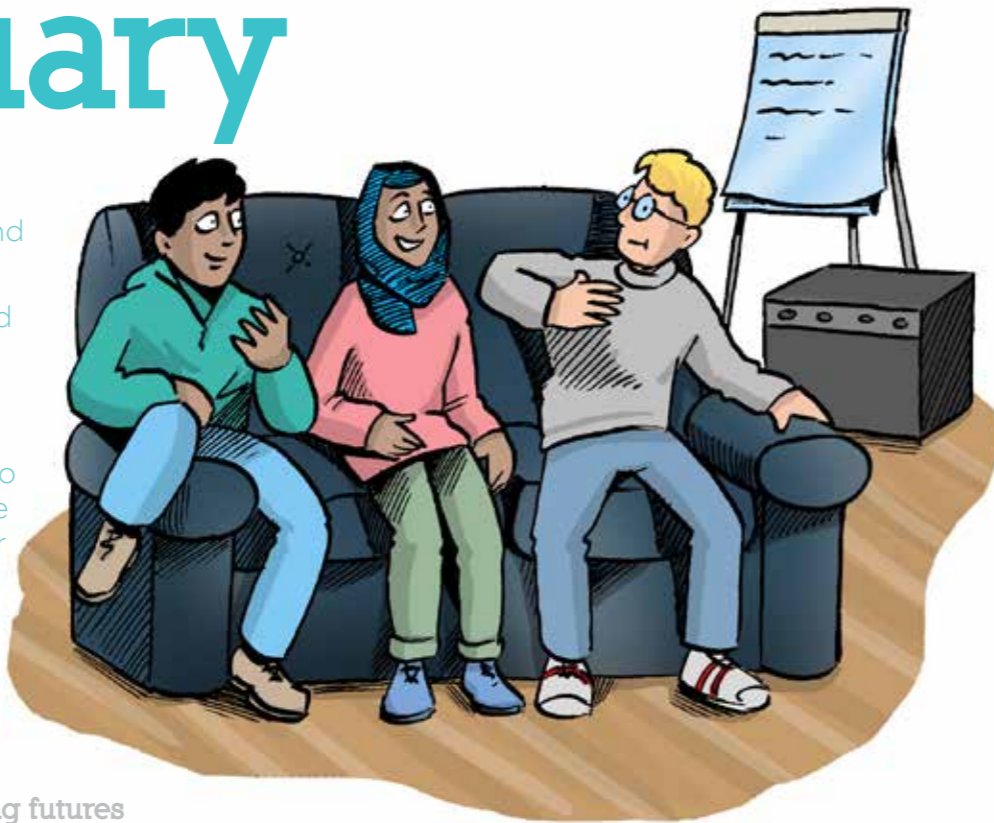


The Learning Sanctuary

This is our amazing provision for students who are new to the UK and do not speak English.

We will be able to speak to you and your family in your first language and offer your family help with learning English.

Your class will include students who speak different languages and have had a range of experiences on their journey to us.



What will I study?

If you are aged up to 15 years old, you will study the usual curriculum which will include Maths and English, as well as sport, music and drama.

If you are older and up to 16 years old, you will study Functional Skills in English and Maths so you can study for further UK qualifications and engage fully with life in the UK. You will also study a BTEC Vocational Qualification, Life Skills, boxing and sport classes, and receive careers advice. You can complete up to eight qualifications, which will be based on your own interests and strengths.

We will give you the skills to progress to and guarantee a place in Post-16 education when you complete your time at the Learning Sanctuary.

What other support will you give me and my family?

We appreciate how difficult it must be coming to a new country, under difficult circumstances with huge amount of things you need to learn, so we will also give you and your family /carers lots of other help. We can help with problems you may be having in your day-to-day life and help you with accessing GPs, social workers and getting access to housing and jobs.

We really want you and your family to feel welcomed and part of our community, so we will give you and your family lots of opportunities to experience life outside of school by arranging visits to places of interest and taking part in community activities.



Rise Above is based in the main site.

Rise above provides support for students with Special Educational Needs and Disabilities.



At Rise Above, you will be taught and cared for by kind and dedicated teachers and staff in small Nurture Groups.

You will have a key worker who will work with you closely and you will get to know each other very well.

Your classes will be very small so you get lots of individual attention.

You will cover the usual curriculum, but it will be adapted for your needs and strengths. You can also take part in Vocational Studies.

We will make any adaptations you need to help you with your studies and help you feel happy and confident at Rise Ahead, including:

- Fully accessible classrooms
- Assistive technology
- Access to medication and medical equipment
- Teaching assistants
- Lots of opportunities to get to know the students in your Nurture Groups and make friends
- Help with dealing with social, emotional and mental health.



What happens after I have finished my time at Rise Academy?

Depending on which provision you attend, you may stay with us until you complete your school life, so we will help you move onto Post 16 education, training or work.



The plan we develop for you will include next steps and we will help you make the transition smoothly and with lots of support.

If you are moving back to mainstream or special school, again, the transition will be carefully planned with you. We will work very closely with your school to make you receive lots of support there as well.

If you need help, we will always be here to help. We are very proud of everything our students achieve, so please keep in touch with us to celebrate your successes.





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