



Reading their name

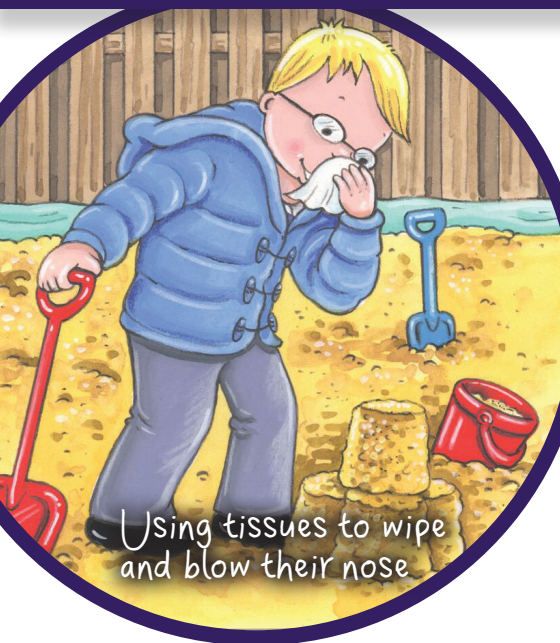


Going to toilet  
on their own

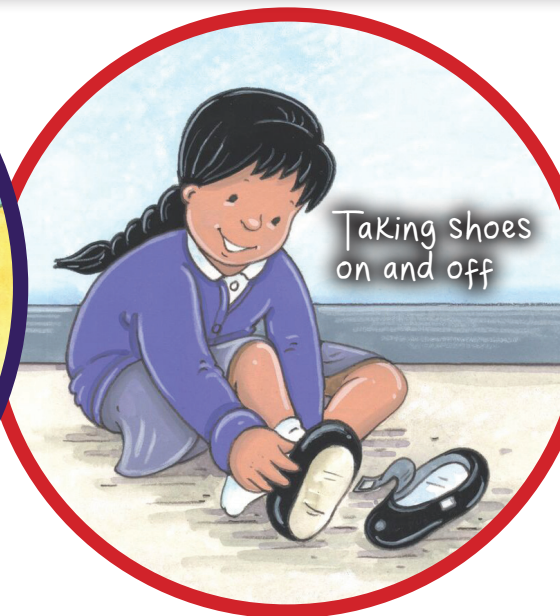
# Helping to get your child Reception Ready



Parents often ask us what their child will need to be able to do before starting reception class. To help, we have written this guide.



Using tissues to wipe  
and blow their nose



Taking shoes  
on and off

You may find it useful to read this through with your child before they start reception, and have practice sessions for anything they are not sure about.

It will help them settle in more quickly and more confidently.



## Reading their name

We will teach your child how to recognise letters and numbers, but it will help your child to settle in if they can recognise their own name on coat pegs, class drawers and on their clothing. Try writing their name on items around your home, and help them to spot and read their name.

Sabi has found her name on her coat peg. She is very pleased to see her name so she knows where to hang her coat.

## Write their name in lower case

We will teach your child how to write their name, but it is helpful if they already know how to write their name when they start. This helps with things such as labelling any work they do in class. Help them to practise by encouraging them to write their name on paper at home.

Michael is writing his name. He is going to do a picture and wants to make sure that everyone knows who has done it.



## Going to toilet on their own

We encourage our children to become more independent in reception, so your child will go to the toilet by themselves. They will flush the toilet, and wash and dry their own hands. Please encourage your child to do this at home.

Michael has been to the toilet and is now washing and drying his hands. He loves the bubbles the soap makes.



## Fastening and unfastening coat and cardigans

Throughout the school day, your child will be taking their coat and cardigan on and off several times. Make sure that your child is familiar with using zips and buttons by practising this at home. You can also help them by choosing clothing that has easy fastenings.

Sabi is putting on her coat to go outside to play. Her coat has big bright buttons so it is easy for her to do them up.







## Using tissues to wipe and blow your nose

Especially during the early months of school, children often have colds. To prevent the spread of germs, please supply your child with tissues if they have a cold. Encourage them to wipe and blow their nose frequently.

Michael has a runny nose. He wipes it with his tissue so it doesn't tickle his nose and he can breathe easier.



## Taking shoes on and off

Your child will also need to take off their outdoor shoes from time to time. Help them to feel confident doing this by choosing shoes that are easy for your child to take on and off independently. For example, you may want to avoid lace-up shoes and instead think about shoes with Velcro fastenings.

Sabi is putting her school shoes on. She loves her shiny new shoes that are so easy to put on.

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